Building Buddha Activity

Buddhism stresses the importance of meditation to aid in the quest for enlightenment. This activity is meant to stress the important aspects of the Buddhist religion. Your task is to summarize Buddhism.

Step 1: Summarize the Main Ideas

Four Noble Truths

Buddha's Words: The Noble Truth of Suffering

Your Words: _____

Buddha's Words: The Noble Truth of the Cause of Suffering

Your Words: _____

Buddha's Words: The Noble Truth of the End of Suffering

Your Words: _____

Buddha's Words: The Noble Truth of the Path

Your Words: _____

Eightfold Path

Buddha's Words:	Your Words:
Right Wisdom	
Right Intention	
Right Speech	
Right Action	
Right Livelihood	
Right Effort	
Right Mindfulness	
Right Concentration	

Name: _____Date_____ Period_____

<u>Step 2</u>: Along the outside of the Body of Buddha page, you are to…

    1. Write YOUR VERSION of the Four Noble Truths. Make sure they appropriately reflect the idea in each Noble Truth. Be sure to title it Four Noble Truths.

    2. Write YOUR VERSION of the Eightfold Path. Make sure they appropriately reflect the idea in each part of the path. Be sure to title it Eightfold Path.

    3. Identify one extra fact about Buddha or Buddhism that we have covered in class. Be sure to label it Extra Fact.

    4. Title your drawing with the man's name that became the Buddha.

<u>Step 3</u>: Inside the "Body of Buddha," you are to…

    1. Label the part of Buddha's body that YOU feel reflect: Four Noble Truths, Eightfold Path, each of the Three Jewels of Buddhism, and the Buddhist term for "enlightenment."

- There are no wrong locations! You MUST be able to briefly justify why you feel it is appropriate to be placed in a specific location. (i.e.- why did you put ____ on his leg?)

<u>Step 4</u>: Color the Buddha drawing.

Make it look nice and be creative! Who said it should be all solid colors?!   Justify why you used the colors you did below. (i.e.- I used the color blue because it reflects the sky which refers to Buddhism because….)

_____
_____
_____
_____
_____

<u>Step 5</u>: Put your name and period on this page and turn it in.